

Part 1...DRIVING CONDITIONS

DIRECTIONS

- 1 In the table below, complete one checkpoint at a time. Start with Checkpoint 1. Discuss and assign Unsupervised Driving Privileges for Checkpoint 1. Use the recommendations or write in your own.
- 2 Decide how long Checkpoint 1 privileges should remain in effect. Use the recommendation or select your own time period. Based on the length of time you agree on, write in the date to review teen progress.

3 Fill in the "refrigerator chart" below and post it where it will be an easy reminder.

4 On the review date, consider moving to the next Checkpoint if teen passes the Quick Check:

◆If teen progress is not satisfactory, set another review date for the current Checkpoint.

◆If teen progress is satisfactory, discuss and assign Unsupervised Driving Privileges for the next Checkpoint.Then decide on the time period and write in the review date. Continue until you have completed all four Checkpoints.

QUICK CHECK. Did teen...

- ✓ Have enough supervised driving practice?
- *V* Advance in driving skills and judgment?
- ✓ Obey traffic laws?
- ✓ "Check in" with parent before each driving event?
- V Take no unnecessary risks?
- **V** Rarely lose driving privileges?

UNSUPERVISED DRIVING PRIVILEGES

PRIVILEGES		CHECKPOINT 1	CHECKPOINT 2	CHECKPOINT 3	CHECKPOINT 4
NIGHTTIME		Sundown or 9 pm	10 pm	11 pm	Midnight
TEEN PASSENGERS	Daytime	None	1, sometimes	1	2, sometimes
	Nighttime		None	1, sometimes	1
WEATHER	Daytime	Dry	Dry, light rain	Moderate	Most
	Nighttime		Dry	Dry, light rain	Moderate
ROAD TYPES	Daytime	Neighborhood	Local	All but highways	Most
	Nighttime		Neighborhood	Local	All but highways
Recommended time in effect		FIRST 1-3 MONTHS AFTER LICENSURE	NEXT 1-3 MONTHS	NEXT 3-6 MONTHS	NEXT 3-6 MONTHS
Next review date					

TeenDriving.AAA.com

The Checkpoints Program was developed by Bruce Simons-Morton, National Institutes of Child Health and Human Development, in collaboration with PRG, Inc.

Part 2...DRIVING RULES AND CONSEQUENCES



Read, discuss, and put into effect each rule.

- 2 Discuss the EXAMPLE VIOLATIONS and write in possible CONSEQUENCES.
- 3 Sign and date at the bottom to confirm your agreement and commitment.

RULE 1: CHECK IN WITH A PARENT EVERY TIME YOU DRIVE.

- ✓ Tell parent where you are going, who will be the passengers, and when you will return.
- ✓ Call home if you will be more than _____ minutes late.
- Call home if your plans change while you are out.
- ✓ Call home if you cannot get home safely. Parent will arrange a safe ride home.

RULE 2: OBEY ALL TRAFFIC SIGNS AND LAWS.

- ✓ Follow passenger and night restrictions, if applicable.
- ✓ Never drive when using alcohol and other drugs or ride in a car when others are using them.
- ✓ Always wear your seat belt as a driver or passenger and be sure all passengers are buckled up as well.
- ✓ Do not drive aggressively (e.g., speeding, tailgating, or cutting others off).

RULE 3: DO NOT TAKE UNNECCESSARY RISKS WHILE DRIVING.

- Minimize distractions in the vehicle, limit teen passengers and avoid using a cell phone.
- ✓ Do not drive when overly tired, angry, or upset.
- ✓ Do not put yourself or others at increased risk by making unnecessary trips in adverse weather.

EXAMPLE VIOLATIONS	CONSEQUENCES
Teen used cell phone while driving.	□ Lose driving privileges for months/years □ Other:
Teen got a ticket for speeding.	□ Lose driving privileges for weeks/months □ Other:
Teen didn't make all passengers wear seat belts.	□ Lose driving privileges for weeks/months □ Other:
Teen lied about where s/he was going with the car.	□ Lose driving privileges for weeks/months □ Other:
Teen came home 45 minutes late without calling.	□ Lose driving privileges for weeks/months □ Other:
Teen carried too many passengers in the car.	□ Lose driving privileges for weeks/months □ Other:
Teen used alcohol or other drugs and drove.	 Lose driving privileges for weeks/months Other:

AGREE: We understand and agree to these driving conditions, rules and consequences.

Parent(s) Initials: ____

Teen Initials: ____

Date: