



# Virginia Parent-Teen Driving Agreement

## What is a Parent-Teen Driving Agreement?

A Parent-Teen driving agreement is a formal agreement between parents and their teen driver that outlines specific guidelines that parents and teens agree to follow. The agreement also establishes consequences and provides discussion points for not following the agreement. The agreement also includes elements of Virginia's Graduated Driver Licensing Law to ensure that teens follow Virginia Law.

## Why Use a Parent-Teen Driving Agreement?

**Did you know that motor vehicle crashes are the leading cause of death for teenagers in the United States?** In Virginia, 2,400 16-19 year old teens are killed or injured each year! Unfortunately, teen drivers put everyone at risk including friends, other drivers, pedestrians and family members. Recent studies show that two-thirds of the people killed in fatal crashes by teen drivers are persons other than the teen driver.

## Why Do Teens Crash?

A number of studies have looked at why teens have such high crash rates. The top reasons teens crash include:

- **Inexperience**—teen drivers are new drivers and lack experience behind the wheel.
- **Poor Visual Search**—teen drivers have difficulty knowing when and where to look to identify potential issues on the roadway.
- **Inattention or Distraction**—teens are often distracted from the driving task which can put them at increased risk for crashing.
- **Speed Management**—teens often have difficulty choosing the appropriate speed for driving conditions including wet weather and other hazardous road conditions.
- **Space Management**—teens have difficulty judging how much time and space is needed to maneuver safely when driving.

Other factors that put teen drivers at risk include: other passengers in the vehicle, speeding, aggressive driving, alcohol or other drugs, nighttime driving, and lack of seat belt use.

## How Should Parents and Teens Use the Parent-Teen Driving Agreement?

The agreement communicates that driving is a privilege that parents and teens should take seriously! It spells out the rules, responsibilities and consequences for both the parent and teen driver. **Parents and teens should talk about the driving agreement and enter into the agreement together.** After all, driving is the most dangerous milestone in a teens' life. **Parental involvement and enforcement are key to reducing teens' risk.**

Parents and teens should dedicate enough time to thoroughly read and discuss the agreement. It is important to talk about each item and make sure that both the parent and teen understand the risk and consequences for breaking the agreement before signing. Be sure that both the parent and teen initial after discussing each area. Parents may want to consider imposing additional restrictions including taking away video games or social privileges for breaking the agreement or consider keeping restrictions in place longer than Virginia law requires. After the agreement and consequences have been discussed and initialed, both the parent and teen should date and sign at the bottom of the agreement. The agreement should be kept in a location that is easily accessible for future discussions; it is a good idea to bring out the agreement on a regular basis to review as your teen gains more driving experience.

## What is Graduated Driver Licensing (GDL)?

The Parent-Teen Driving Agreement includes detailed information on Virginia Graduated Driver Licensing. The Virginia Graduated Driver Licensing Law and its restrictions are designed to ease teen drivers into the driving environment and encourage parent and legal guardian involvement. **All teens until their 18th birthday are subject to a graduated driver licensing system to obtain a license in Virginia.** Virginia Graduated Driver Licensing takes a three stage approach and eases beginning drivers into the driving environment by restricting their exposure to dangerous driving situations including night-time driving and passenger restrictions.

Most teen crashes happen early in the teen's driving career; therefore it is important that all stages of Graduated Driver Licensing be followed to help minimize crash risk. Restrictions imposed by the law certainly help, but the best combination is a knowledgeable parent working through the learn-to-drive process with the new driver. **Parental involvement and enforcement are key.**



## Night-Time Driving

**THE RISK:** During the first six months of independent driving, the risk of a fatal crash at night is about three times higher for teens than during the day.

<div>Teen</div> <div>initial</div>	<div><div>✓</div> I will not violate the Virginia law that restricts nighttime driving. I will not drive between 12:00 a.m. and 4:00 a.m. This rule will remain in place for the first 12 months from the date I get my provisional license.</div> <div><div>✓</div> I understand that my parent can increase the restriction period at any time.</div> <div>I understand these rules are for my safety. If I violate any of these rules, I endanger myself, my passengers and other drivers and I may break Virginia law. If I violate our rules, I agree to lose my driving privileges for</div> <div>_____ (time period). Additional penalties: _____</div>
<div>Parent</div> <div>initial</div>	<div>Your safety is my #1 priority and I will be there when you need me. I will pick you up or arrange for safe transportation home, regardless of the situation or time of your call.</div>

## Aggressive & Reckless Driving

**THE RISK:** Speed-related crashes account for 44% of fatalities among 15 to 20 years old.

<div>Teen</div> <div>initial</div>	<div><div>✓</div> I agree to ALWAYS obey the posted speed limit.</div> <div><div>✓</div> I agree to consider the weather and road conditions and adjust my speed appropriately.</div> <div><div>✓</div> I will not drive when I am angry, frustrated or emotional.</div> <div><div>✓</div> I will not tailgate, speed, weave in and out of traffic or participate in any aggressive or reckless driving behavior.</div> <div>I understand these rules are for my safety. If I violate any of these rules, I endanger myself, my passengers and other drivers and I may break Virginia law. If I violate our rules, I agree to lose my driving privileges for</div> <div>_____ (time period). Additional penalties: _____</div>
<div>Parent</div> <div>initial</div>	<div>Your safety is my #1 priority and I will be there when you need me. I will pick you up or arrange for safe transportation home if you feel it is not safe for you to drive, or if you are in a car with someone exhibiting these behaviors. I also promise to be a role model, lead by example and demonstrate responsible and safe driving behavior at all times.</div>

## Driving Under the Influence

**THE RISK:** Driving under the influence is a factor in one of every four fatal teen crashes.

<div>Teen</div> <div>initial</div>	<div><div>✓</div> I agree that I will never drink or use drugs and drive.</div> <div><div>✓</div> I understand that Virginia has a ZERO TOLERANCE law that says it's illegal for drivers under 21 to have any measurable alcohol in their blood. (over .02 BAC)</div> <div><div>✓</div> I agree that I will never ride in a car with someone who has been drinking or using drugs.</div> <div><div>✓</div> I agree to call you if I am ever in a situation where I feel it is unsafe for me to drive, or unsafe for me to ride with someone else.</div> <div>I understand these rules are for my safety. If I violate any of these rules, I endanger myself, my passengers and other drivers and I may break Virginia law. If I violate our rules, I agree to lose my driving privileges for</div> <div>_____ (time period). Additional penalties: _____</div>
<div>Parent</div> <div>initial</div>	<div>Your safety is my #1 priority and I will be there when you need me. I agree to come and get you wherever you are whatever the time of day or night if you are not able to get home because you are following our rules AND the law regarding driving under the influence. I also promise to be a role model and lead by example, never getting behind the wheel after having even one drink.</div>

## Safety Belts

**THE RISK:** Teens have the lowest safety belt use of all drivers and are more likely to forget or decide not to buckle up when there are other teens in the car.

<div>Teen</div> <div>initial</div>	<div><div><div>✓</div><div>I agree to wear my safety belt at all times.</div></div><div><div>✓</div><div>I agree that I will not start the car until all passengers are buckled up. No exceptions.</div></div><div><div>✓</div><div>I agree that I will not ride in a car as a passenger without buckling up.</div></div><div><div>✓</div><div>I agree that I will not ride in a car where the driver and other passengers are not buckled up.</div></div><div>I understand these rules are for my safety. If I violate any of these rules, I endanger myself, my passengers and other drivers and I may break Virginia law. If I violate our rules, I agree to lose my driving privileges for</div><div>_____ (time period). Additional penalties: _____</div></div>
<div>Parent</div> <div>initial</div>	<div>I promise to be a role model and lead by example by always wearing my seat belt and enforcing safety belt rules with my passengers on every ride.</div>

## Passengers

**THE RISK:** The number of passengers in a teen’s vehicle is a major risk factor in teen crashes. The risk of a fatal crash increases by 100% for each additional teen passenger when a teen is driving.

<div>Teen</div> <div>initial</div>	<div><div><div>✓</div><div>I will follow the Virginia law about carrying passengers and agree not to have more than one teen passenger in the car during my first year of driving and no more than 3 teen passengers* until my 18th birthday.</div></div><div><div>✓</div><div>I will follow the law and will not be a passenger in a vehicle with a friend who is still subject to GDL laws.</div></div><div><div>✓</div><div>I agree not to be a passenger in any vehicle where I do not feel comfortable or safe.</div></div><div>I understand these rules are for my safety. If I violate any of these rules, I endanger myself, my passengers and other drivers and I may break Virginia law. If I violate our rules, I agree to lose my driving privileges for</div><div>_____ (time period). Additional penalties: _____</div><div>*Excludes family members</div></div>
<div>Parent</div> <div>initial</div>	<div>Your safety is my #1 priority and I will be there when you need me. I will pick you up or arrange for safe transportation home, regardless of the situation or time of your call. As your passenger, I will share observations and coaching in a calm, respectful manner.</div>

## Cell Phones

**THE RISK:** Teen drivers are particularly at risk of distracted driving resulting from talking or texting on cell phones. Such activities increase the chance of getting involved in serious vehicle crashes. Virginia law prohibits drivers under the age of 18 from using a cell phone, a hands-free device or other electronic communication while driving.

<div>Teen</div> <div>initial</div>	<div><div><div>✓</div><div>I understand that, under Virginia Law, drivers under the age of 18 may not use a wireless telephone, pager, laptop or any other electronic communication or mobile services device to speak or text while driving in any manner, even “hands-free.”</div></div><div><div>✓</div><div>I agree that if I need to use my cell phone, I will pull over to a safe location away from traffic before I use my phone.</div></div><div>I understand these rules are for my safety. If I violate any of these rules, I endanger myself, my passengers and other drivers and I may break Virginia law. If I violate our rules, I agree to lose my driving privileges for</div><div>_____ (time period). Additional penalties: _____</div></div>
<div>Parent</div> <div>initial</div>	<div>I understand that cell phones present a distraction to all drivers. I understand it is an infraction for drivers 18 and older to write, send or read text-based communications while driving a motor vehicle. I also understand that it is a distraction to my driving to use a wireless telephone while operating a motor vehicle.</div>

Distractions

**THE RISK:** Teen drivers are especially susceptible to distractions. Distractions impair judgment and decision-making abilities. Talking to passengers, changing a CD, eating, and personal grooming are all distractions that divide attention and take the focus off driving.

<div>Teen</div> <div>initial</div>	<div><div>✓</div> I will not participate in any behavior that makes me look away from the road or distracts me from driving.</div> <div><div>✓</div> I agree to check myself for readiness to drive before driving.</div> <div><div>✓</div> If I am not able to focus on the driving task due to lack of sleep or if I am emotional, I will not drive.</div> <div><div>✓</div> I agree to set rules for my passengers so they don't distract me, and will pull over to a safe location until they have stopped distracting me and I am able to drive again.</div> <div>I understand these rules are for my safety. If I violate any of these rules, I endanger myself, my passengers and other drivers and I may break Virginia law. If I violate our rules, I agree to lose my driving privileges for</div> <div>_____ (time period). Additional penalties: _____</div>
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I, the Teen Driver Agree:

I promise to abide by the rules outlined above. I understand that driving is a privilege, not a right and that I will only drive the car with permission. I understand that I am responsible for my driving actions and there are many consequences for my behavior. If I break any rules we have agreed to, I will accept the consequences that we have discussed. I also understand that the terms of this agreement may be changed based on how I handle the responsibility of driving.

\_\_\_\_\_

Teen signature

\_\_\_\_\_

date

I, the Parent Driver Agree:

I will approach the process of teaching you to drive with patience and support. I promise to be a positive role model by demonstrating safe driving, following all the traffic safety laws and regulations that I have asked you to follow. I agree to establish a schedule of training and to honor that schedule by providing you with 45 hours of supervised driving practice, including 15 hours after sunset. I also agree to make myself available to discuss progress on a regular basis. I will also consider your requests for changes to our agreement with respect and careful consideration. **I will be involved in your driving!**

\_\_\_\_\_

Parent signature

\_\_\_\_\_

date

For more information on Virginia's Graduated Driver License Law and other driving tips, visit [AAA.com/TeenDriving](http://AAA.com/TeenDriving)



Call us at **757.233.3889** for more information on safe driving for teens

All teens should be properly insured. Visit a AAA Tidewater Insurance office, call **757-233-3850** or click on **AAA.com/Insurance** for insurance information and to find out if your teen is eligible for a good student discount.